

Life can be hard. . .

Seeking help for life's changes and challenges can be even harder.

Demands come at us in every possible form. From huge, life-changing events to small, annoying daily hassles, stress adds up and starts weighing you down.

We want you to know you are not alone in this process. We are here with you every step of the way.

Together we will help you build a foundation you can rely on every day as you move in the direction of living the more meaningful, satisfying and relaxed life you want to live.

DeJohn Funeral Homes offers support for those working through the process of grief. We provide families with literature and online resources through our website:  
DeJohnCares.com.



DEJOHN-FLYNN-MYLOTT  
ZEVNIK-COSIC · MULLALLY

**CONNECT WITH PATTY**

(440) 278-7103

**WILLOUGHBY HILLS**

28890 Chardon Road

(440) 516-5555

DeJohnCares.com

**CHESTERLAND**

Funeral Home & Celebrations Center

12811 Chillicothe Road

(440) 729-9800



Patricia DeJohn, MA  
Life Wellness Coach  
& Grief Support



## What is Life Wellness Coaching?

Life Wellness Coaching is personal coaching for the many developmental stages one goes through, in order that one may live a full functioning life.

## Tree of Remembrance Ceremony

Each winter holiday season, we invite you, your family and friends to a tree lighting ceremony in remembrance of those who have died during the past year.

## Pet Loss Bereavement Group

We understand pets are beloved members of the family, too. Patty holds a special supportive evening for those grieving the loss of a pet, every third Thursday of the month (except June-August). For individual sessions call (440) 278-7103.

Gather with us at the Animal Hospital, Inc., 2735 SOM Center Road, Willoughby Hills from 6:30 - 8:00 PM. These sessions are free and all are welcome.

## What is Reiki?

Reiki is a Japanese form of spiritual healing that involves a specially trained therapist holding their hands above the body. Since originating in Japan, it has been adapted into various cultural traditions across the world.

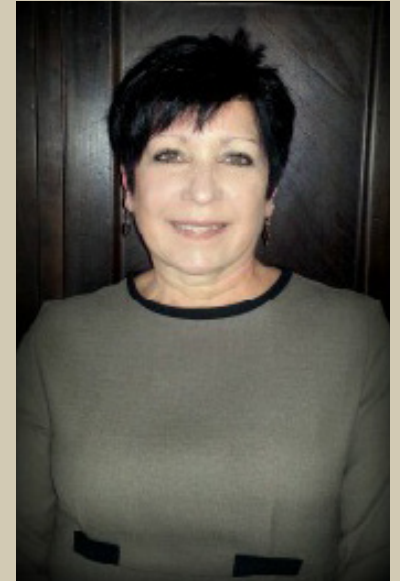


A Reiki Therapist is attuned to the “life-force energy” all around us. They are able to use palm healing or hands-on healing by which a universal energy is transferred through the palms of a therapist to a patient in order to encourage healing. It is a powerful spiritual experience for most people.

We encourage you to discover the healing power of Reiki by calling Patty at (440) 278-7103 for an individual appointment.

*I have always believed in the wellness model. Having the opportunity to be with people on an emotional, physical and spiritual level appeals to me.*

*Since 1989, I have been facilitating grief support groups for the DeJohn*



*Funeral Homes. I believe it is especially important to assist families in dealing with their grief. As a grief and bereavement educator, I am an important part of that process. As a grief specialist, I have taught courses on death and dying at Ursuline College, and have facilitated grief support groups. I graduated with a degree in Psychology from Ursuline College and received my Masters Degree in Clinical Counseling from John Carroll University.*

*In addition to my Bereavement work at the funeral home, I share my expertise with the community, and have given workshops and lectures for the Catholic Diocese of Cleveland, Hospice of the Western Reserve and many local churches and community organizations. I am also a member of the Association for Death Education & Counseling.*

*~ Patty DeJohn*